



**FOR IMMEDIATE RELEASE**

**FROM:** HealthFitness  
1650 West 82nd Street, Suite 1100  
Minneapolis, Minn. 55431

**MEDIA CONTACT:**

John Barrett 952.897.5262  
[john.barrett@hfit.com](mailto:john.barrett@hfit.com)

## **Jim Reynolds, M.D., Joins HealthFitness' Science Advisory Board**

*Former HealthFitness CMO Continues to Guide Company's Products and Services*

**MINNEAPOLIS (July 13, 2010)** — [HealthFitness](#) announces that Jim Reynolds, M.D., former chief medical officer at HealthFitness, has joined HealthFitness' [Science Advisory Board](#). Reynolds had been chief medical officer at HealthFitness, overseeing the Research, Development and Outcomes division, from Feb. 1, 2008, until April 30, 2010.

Prior to working with HealthFitness, Reynolds served as principal and senior health care consultant for Mercer Human Resource Consulting, a global provider of consulting, outsourcing and investment services, where he served as a senior clinical consultant on Mercer's Health and Productivity Management specialty practice. He also served as vice president and medical director for CorSolutions Medical, Inc., a provider of disease management and related services to employers, health plans and government-sponsored health care programs.

Reynolds earned his Bachelor of Science from Drury College, an M.D. degree from the University of Missouri and is board certified in internal medicine. He is an active member of the American College of Physicians, American Medical Association, and the American College of Environmental and Occupational Medicine. Reynolds began his medical career in private practice as an internal medicine physician, and served as an associate professor of medicine at the University of Missouri Hospital and Clinics.

"Dr. Reynolds has played a crucial role in the conception and implementation of the strategic initiatives of our company," said HealthFitness CEO [Gregg O. Lehman](#), Ph.D. "His experience and history with our organization will be invaluable to the Science Advisory Board."

HealthFitness' Science Advisory Board of health industry experts is designed to keep HealthFitness' products and services on the forefront of current and emerging trends. Responsibilities of the Science Advisory Board include reviewing the quality and relevance of HealthFitness' products and services from scientific and technical perspectives, delivering guidance on the appropriate implementation of products and services, and providing expert peer review to HealthFitness' research programs.

### **About HealthFitness**

HealthFitness, a subsidiary of [Trustmark Companies](#), is an award-winning provider of integrated health promotion and fitness management solutions to Fortune 500 companies, the health care industry and individual consumers. With 30-plus years of experience, HealthFitness partners with employers to effectively manage health care and productivity costs by improving individual health and well-being. HealthFitness provides a portfolio of solutions, including best-in-class integration, INSIGHT® Health Risk Assessments, screenings, EMPOWERED™ Health Coaching and fitness facility design and management. For more information on HealthFitness, visit [www.hfit.com](http://www.hfit.com).

###